**ADACAS – Canberra ACT**

[www.Support-my-decision.org.au](http://www.Support-my-decision.org.au)

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| **Approach** | An interactive tool on the internet that can be used to educate a person with a disability about their rights to make decisions and how to get help. The tool also informs supporters about the principles their approach to supported decision making is based on:1. Everyone has the right to decide
2. The right to decide can be exercised with support
3. Give only as much support as needed
4. Respect – even when you don’t agree with the person’s decision
5. Control – the decision maker is always in control
6. Your relationship with the decision maker and the decision matters
7. Approach – enabling a person with a disability to make decisions, take risks and learn from their mistakes.
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| **Considerations** | Easy to use interactive toolPlain English, symbolsExplains what a decision isWhat a person’s rights areTypes of supporters – site (to navigate and help provide information on the website) and decision making support.Includes detailed information about these two roles and who best to think about taking them on.ADACAS talk about cultural change |
| **What does this teach us?** | The resources need to be easy to use, accessible, designed by and with people who are going to use them, simple language,  |