**WHAT IS THE NDIS?**

1. It can be hard for people to do some things for themselves when they have a disability.
2. The National Disability Insurance Scheme or NDIS can help people younger than 65 years old when their disability makes it hard to move around, to walk, to understand, to talk, to see, to hear; or to learn and if the disability is for life.
3. You can talk to NDIS about what you need at home, when you leave your home or when you are at work.
4. You will need to talk to an NDIS person. Tell the NDIS person your name, your age and why you need help.
5. The NDIS may be able to help you. You can talk to the NDIS about making something called a plan.
6. In this plan you can write down what you will need to make your life easier and the NDIS might pay for services and equipment for your disability.
7. If you want to know more ring NDIS on free number 1800 800 110 or go on internet to [www.ndis.gov.au](http://www.ndis.gov.au)