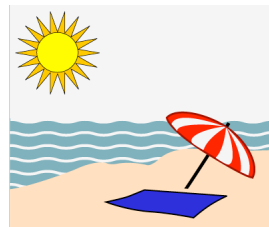
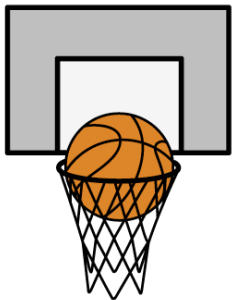




# Equipment and Technology

Getting what you need, and learning how to use it.





**Would you like to learn about, or get, equipment or technology which helps you to do the things you enjoy?**

## **Would you like to learn about, or get, equipment or technology which helps you to do the things you enjoy?**

Would you and your supporters like to find out about any of these things:

switches or other adaptations so you can read books,  
use appliances or play with toys?

a wheelchair or adaptations to your wheelchair so you  
can play sports or go to the beach?

adapted equipment for art, for example a motorised easel  
or mouth-stick brush holder?

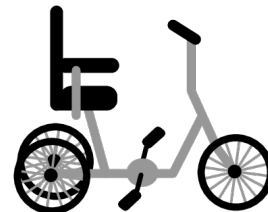
adaptions for prosthetics, such as a terminal device so you can play sport?

a fishing rod with an automatic reel?

adaptations to or a specialist bike, such as a hand operated bicycle?

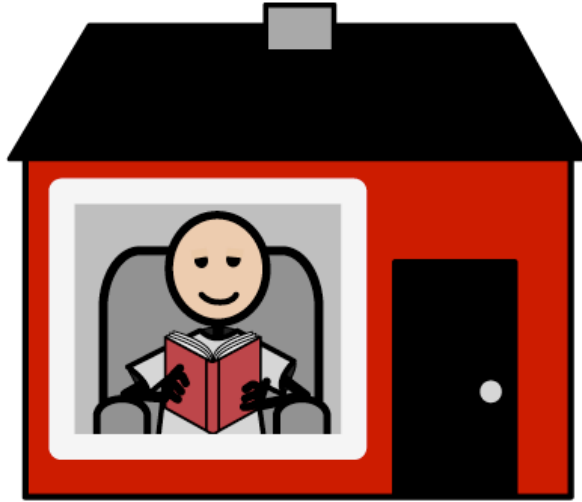
equipment to help you to swim or exercise in water?

technology which helps you to operate things like TVs or music devices, such as  
switches, voice activation, a computer or a phone?



## **What else might you need in order to be able to do the things you enjoy?**

Write them in your planning manual.



**Would you like to learn about, or get, equipment or technology which helps you to do things at home?**

## **Would you like to learn about, or get, equipment or technology which helps you to do things at home?**

There are many choices when it comes to supporting you to have more independence and control at home.

Would any of these things help you:

an environmental control unit (ECU) so you can control things in your home such as light switches, air conditioning or door locks?

adapted dish cloths, utensils or detergent dispensers?

adapted cooking utensils and appliances?

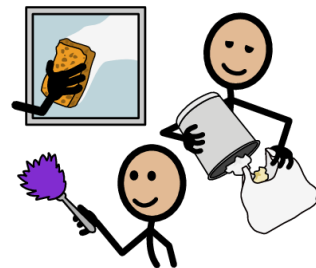
alert systems such as shakers or lights to tell you that the phone is ringing or that somebody is at the door?

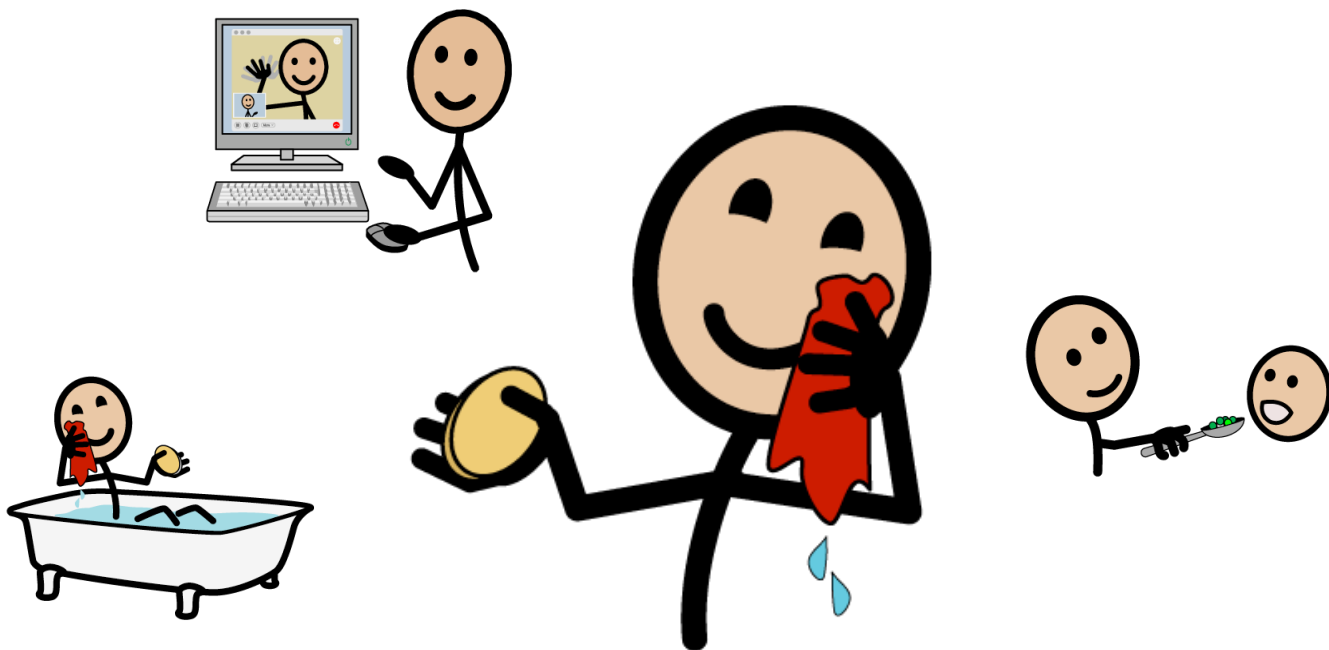
accessible cooking equipment such as special plates and cups, or a Thermomix?

technology to help you remember things, such as an app on an iPad?

## **What other equipment or technology might help you to be more independent at home?**

Write your ideas in your planning manual.





**Do you need products to assist with your personal care or safety?**

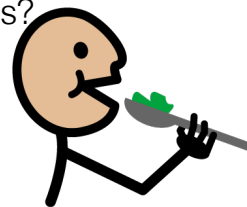
## **Do you need products to assist with your personal care or safety?**

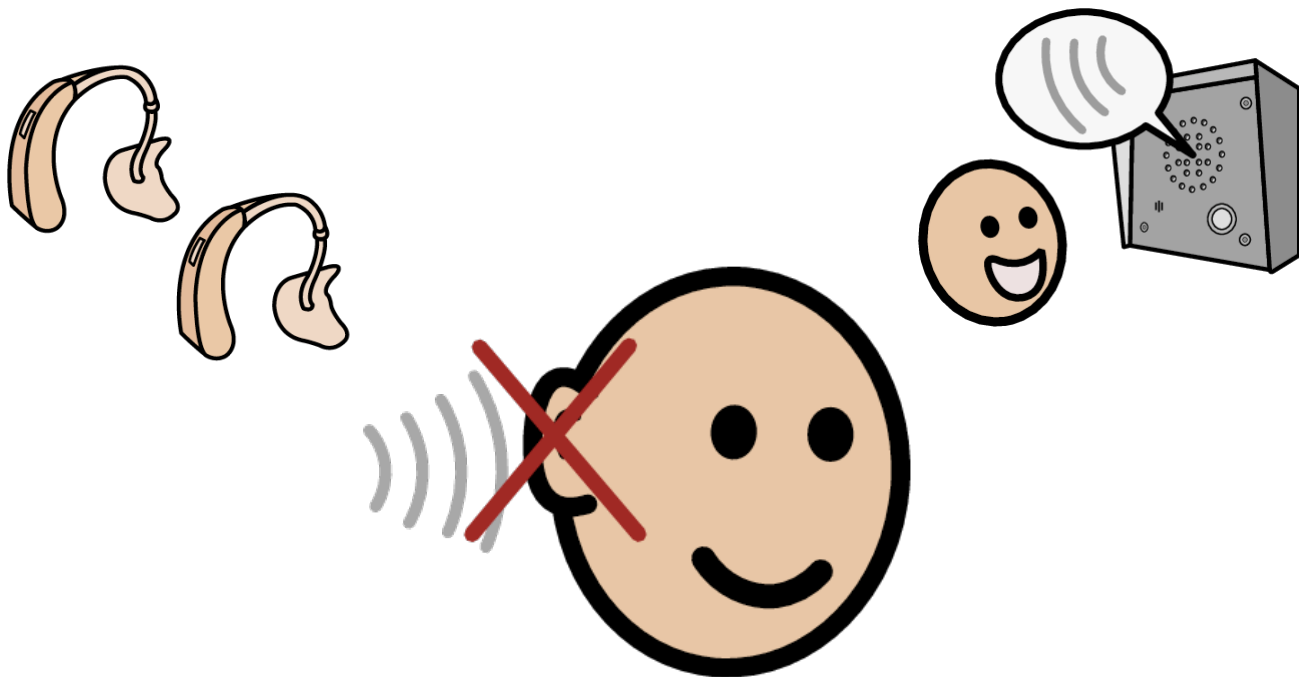
There are many products which can help you to be more comfortable, safe or independent. Do you need any of these things:

- an adjustable bed, pressure care mattress or accessories?
- continence products such as pads or sheets?
- aids for dressing or specialised clothing, such as cooling vests?
- equipment for eating and drinking such as syringes?
- specialised household furniture such as postural or electric lift chairs?
- bathroom and toilet equipment such as shower chairs or commodes?
- ways to stay connected to support people, such as emergency call systems, Skype or FaceTime?
- flood or gas detectors?
- fall detectors?
- air conditioning, for example if you need to stay cool to prevent seizures?

**What else might you need in order to be safe and to have the kind of personal care you want?**

Write your ideas in your planning manual.





**Do you need assistive products  
for hearing?**

## Do you need assistive products for hearing?

If you have a hearing impairment, there is a wide range of products which might be useful to you.

Do you need any of these things:

adapted telephones or alternatives to phones?

a cochlear implant speech processor and coil?

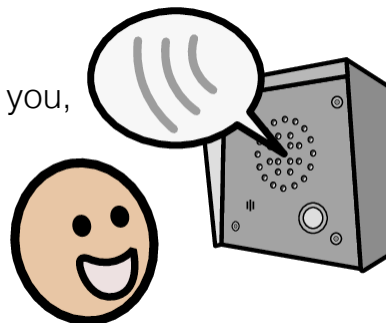
a hearing aid or accessories?

a device to help you hear the TV or read captions?

specialised equipment which flashes or vibrates to alert you, such as an adapted smoke alarm?

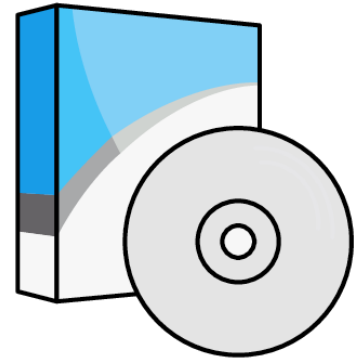
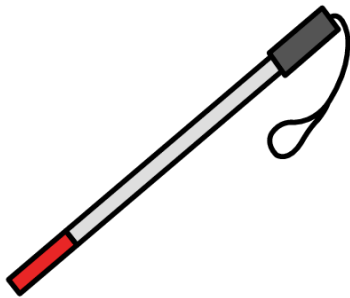
loudspeakers, music devices or personal amplifiers?

devices to help you communicate with people for example an ipad, smart phone or a whiteboard?



## What else might you need?

Write your ideas in your planning manual.



**Do you need assistive products for vision?**

## **Do you need assistive products for vision?**

If you have a vision impairment, there is a wide range of products which might help you.

Do you need any of these things:

products for acoustic navigation?

products for drawing and writing?

help with learning and using Braille?

a guide dog, or help with the ongoing costs of a guide dog?

an image-enlarging video system?

sound recording and playing devices?

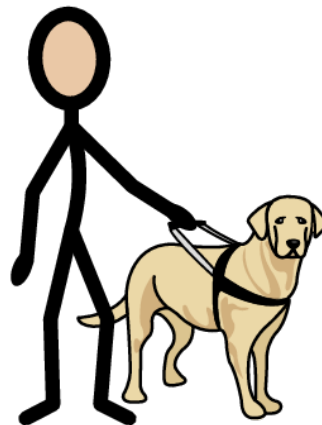
a tactile computer display?

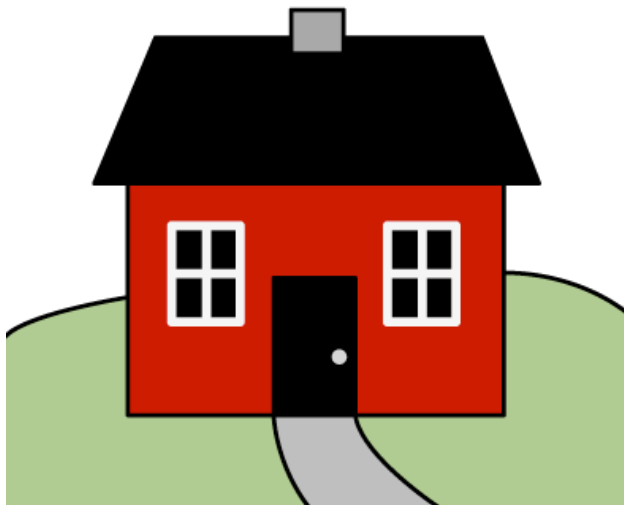
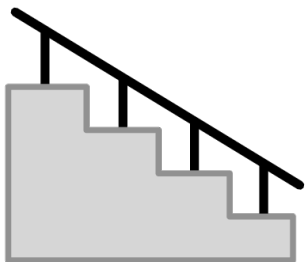
devices that carry audio books?

word processing software for alternate access?

## **What else do you need?**

Write your ideas in your planning manual.





**Do you need changes made to your home so that you can be independent and safe?**

## **Do you need changes made to your home so that you can be independent and safe?**

Sometimes you might need to change your environment at home so that you can do more things yourself, be safe and have privacy.

Do you need any of these things at your home:

an elevator or fixed vertical lifting platform?

ramps or grab rails?

bathroom or kitchen modifications?

slip resistant tile coating?

a stair lift?

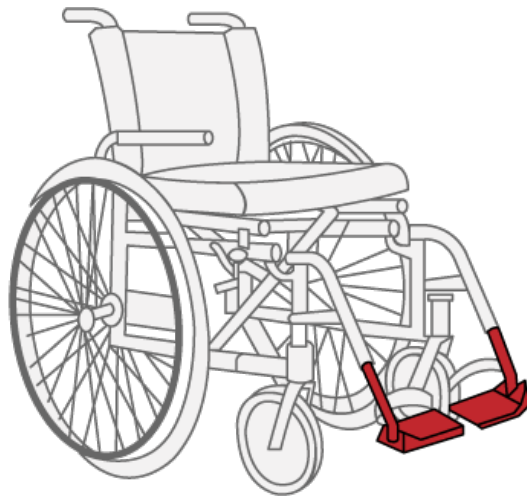
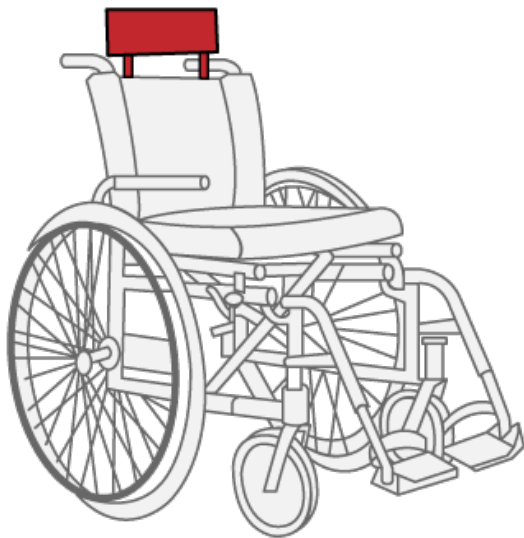
changes to make your home safe for you?

advice, design and coordination of home modifications?



## **What else might you need so that you can be independent and safe?**

Write your ideas in your planning manual.



**Do you need specialised seating for wheelchairs, or help to transfer?**

## Do you need specialised seating for wheelchairs or help to transfer?

Do you need any of these things to help you to transfer:

customised cushions?

custom made backrest or seat?

a wheelchair tray?

a raised bed or chair?

a transfer bench, board or pad?

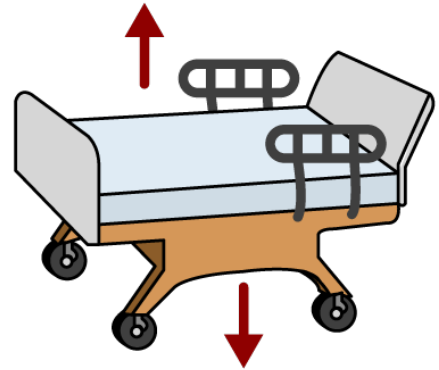
a hoist?

a sling?

a grip ladder?

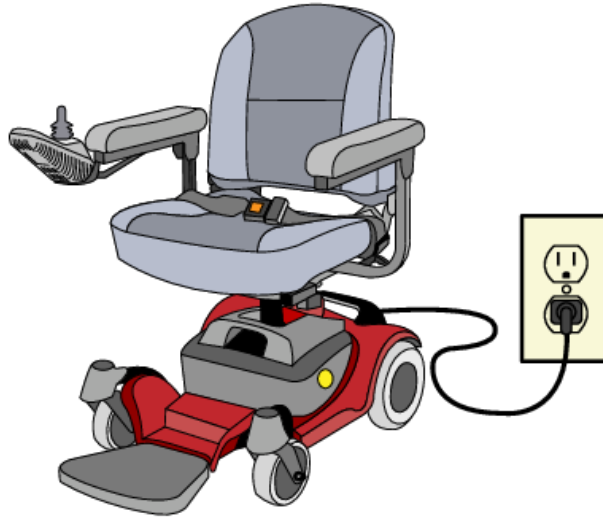
a transfer belt or other transfer equipment?

adaptations so you can mount things like communication devices on your wheelchair?



## What else might you need?

Write your ideas in your planning manual.

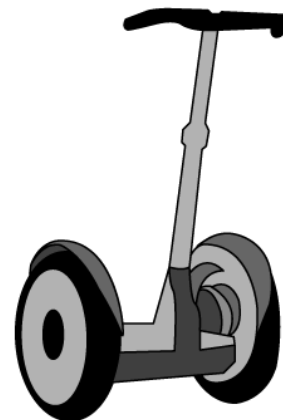


**Do you need equipment to help you  
to get around?**

## **Do you need equipment to help you to get around?**

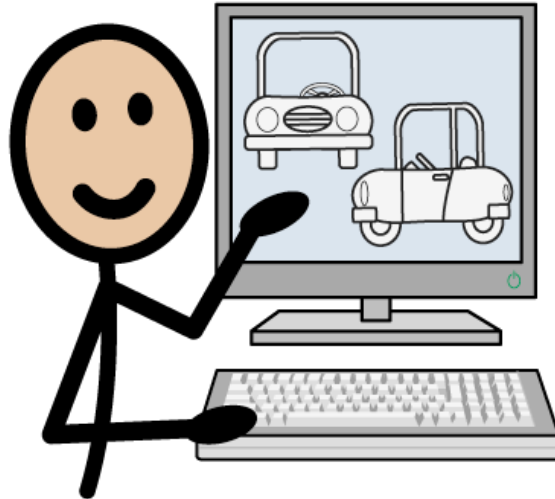
Do you need any of these things to help you to get around and to go to the places you want to go:

- a manual or electric wheelchair (or both)?
- a powered and tilt wheelchair?
- a folding or fixed frame wheelchair?
- a scooter?
- a specialised stroller?
- parts or accessories such as a battery, charger or tyres?
- a seat walker?
- modifications to doors, steps or to the layout of your rooms so that you can use equipment which helps you to get around?



## **What else do you need to help you to go to the places you want to go?**

Write your ideas in your planning manual.



**Do you need a vehicle, or modifications to your vehicle?**

## **Do you need a vehicle, or modifications to your vehicle?**

Having your own vehicle to get around in, with the modifications you need, can give you freedom and more control in your life. Even if you can't drive, that doesn't mean you can't have your own car or vehicle.

Do you need any of these things:

- a vehicle suitable for your needs?

- adaptations to your car, so that you can drive it?

- a car mounted hoist for your wheelchair or scooter?

- help to choose a supportive child car seat?

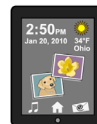
- a trailer or rack to carry your wheelchair?

- a vehicle hoist?



## **What else might you need when it comes to vehicles?**

Write your ideas in your planning manual.



**Do you need help to choose, set up and learn to use your equipment or technology?**

## **Do you need help to choose, set up and learn to use your equipment or technology?**

Once you have thought about what you need, are you and your supporters interested in getting help to:

- choose the right option for you?
- get training to use the equipment?
- engage therapists for selection and fitting?
- have your equipment delivered?
- read and understand instructions?
- remove your equipment from wrapping?
- set up your equipment?
- adjust or modify to suit your needs?
- decide whether you need to rent or buy (you might rent, for example, to try something out)?
- get repairs done ?



## **What else might you need in order to get, set up, use and maintain your equipment or technology?**

Write your ideas in your planning manual.