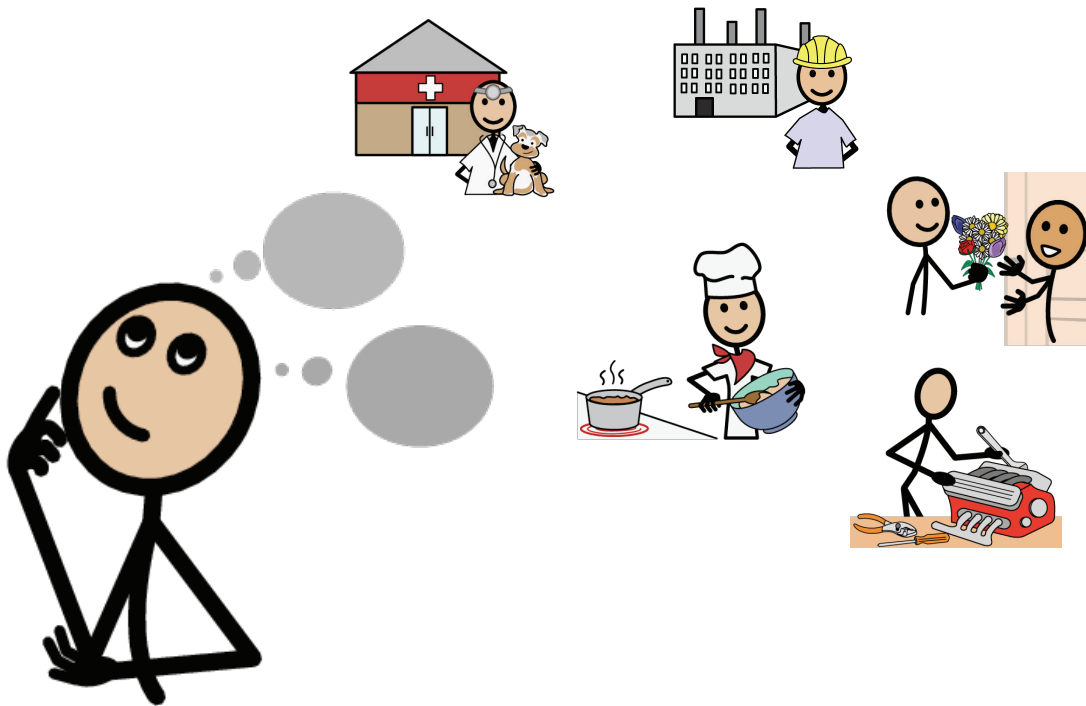




## Work

We have the equal right to work, in a job we choose,  
and to earn a decent living.





**Do you and your supporters need help to believe that work is possible for you?**

## **Do you and your supporters need help to believe that work is possible for you?**

Sometimes people might think that not all people with disability can work. They might not have heard stories about, or know, any people with disability who have paid work. It can be helpful to hear about some real life examples. Sometimes finding the right work can be tricky, but if your goal is to have a job then you have the right to be supported to find one.

Here are some ways you and your supporters could get help to believe that work is possible for you:

- ☐ find and watch videos with stories of people finding work.
- ☐ connect with other people and families who have had a good experience finding work.
- ☐ talk with organisations and groups who have some good stories about finding work.
- ☐ attend workshops and conferences about finding work.
- ☐ contact universities who have a Disability Studies school to see what they can share.
- ☐ search online for stories about work in Australia and in other countries.
- ☐ check out the resource list in your planning manual.



**What help do you and your supporters need to see that work is possible for you?**

Write your ideas in your planning manual.



**Do you need help to decide whether to use an agency to help you find work?**

## **Do you need help to decide whether to use an agency to help you find work?**

There are a number of places you can go to help you to explore and find work, such as disability support organisations or employment agencies. It is your choice if you want to use an agency to support you to find work.

To help you decide whether to use an agency, you could ask them questions such as:

- ☐ do you believe that I can find work?
- ☐ tell me about some of your success stories?
- ☐ what do you do to help people find work, and why?
- ☐ how many of the people with disability you support end up with paid work?
- ☐ how would you help me to find work?
- ☐ if we work together, what would you expect me to do to find work?



**What other questions could you ask to find out if an agency is right for you?**

Write your ideas in your planning manual.



**Do you need help to find work yourself?**

## Do you need help to find work yourself?

If you decide not to use an agency, you can design your own way for finding work with your supporters.

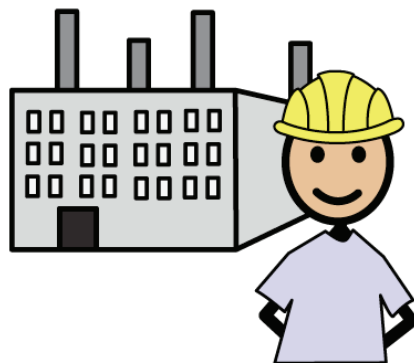
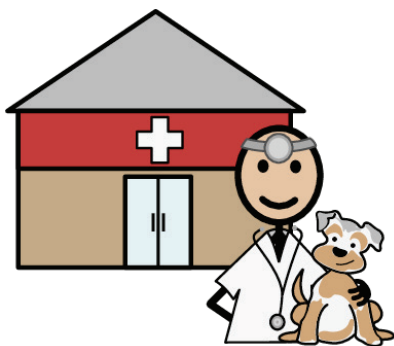
Do you and your supporters need help to:

- ☐ learn about the best ways to help you to find work?
- ☐ recruit somebody to support you to explore different kinds of work?
- ☐ find somebody with experience and knowledge about finding work?
- ☐ find training or coaching for the people who will support you to find work?
- ☐ learn about which areas of Occupational Health and Safety might be important and make a plan for you to be safe at work?
- ☐ design your resume focussing on your strengths and abilities?
- ☐ make connections with people in your community who can help you find work?

**What else do you and your supporters need help with when it comes to finding work?**

Write your ideas in your planning manual.





**Do you need help to find some places where you can try some different kinds of work?**

## Do you need help to find some places where you can try some different kinds of work?

One of the ways you can find out more about different types of work, and the kind of support you need, is to try out some workplaces. Short work trials (for example a day or longer work experiences (several days or weeks) should be in real workplaces so you can find out what the work is really like. While these might not be paid jobs right now, they can help you to identify your interests, skills and needs, and could lead to paid work in the future.

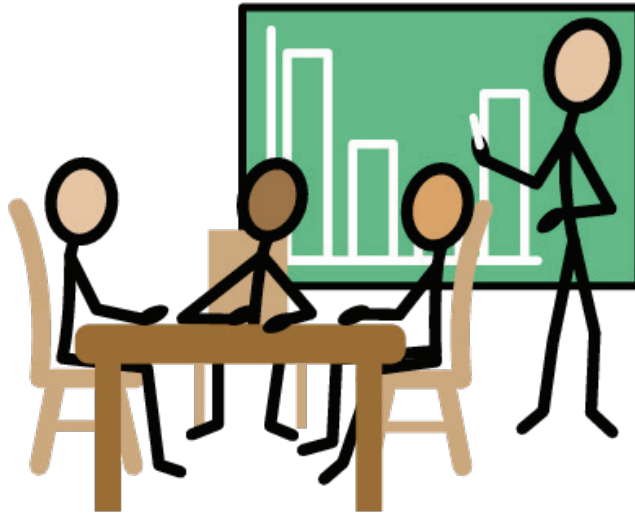
In exploring some places to experience different kinds of work, do you need support to:

- ☐ think about your skills, strengths, and interests, and where there might be opportunities to use them in work?
- ☐ contact your local volunteer network for opportunities?
- ☐ ask the people you know if you can help in their business or workplace?
- ☐ get to know the people who work at a place you are interested in, and find out if you can help them?
- ☐ ask your neighbours or other people in your community about volunteer work?
- ☐ explore your local community places, for example, the library, environment centre or church for work opportunities?

**What are some other ways you might find some work to try?**

Write your ideas in your planning manual.





**Do you need help to access  
and learn how to do your job?**

## Do you need help to access and learn how to do your job?

Everyone needs to be able to access their workplace, and be trained in how to do their job. It is your right to get the equipment, adaptations, and support you need to do your work.

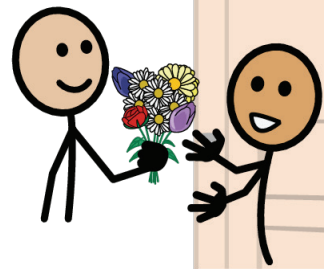
Do you need support with any of these things to access and learn how to do your job:

- ☐ getting to and from work?
- ☐ physically accessing your workplace, for example, if you use a wheelchair?
- ☐ getting the right equipment to be able to do your job?
- ☐ learning how to do your job, for example breaking down a task into steps?
- ☐ creating visual supports to help you to do your job?
- ☐ learning behaviours which are appropriate to your workplace?
- ☐ building social and professional relationships at work?



**What else could you need help with so that you can access and learn how to do your job?**

Write your ideas in your planning manual.



**Do you need help to create your own business?**

## Do you need help to create your own business?

You might like to start your own business. With your own business, you can tailor your work to suit your needs, and develop your skills.

Do you need some support to start your own business, for example, to:

- ☐ identify some of the things you like to do which could be useful in your business?
- ☐ learn more about the market for your business?
- ☐ find out how to register and set up a small business?
- ☐ learn about things the law says you need to do in your business?
- ☐ design ways of managing money?
- ☐ make a plan to market your business?
- ☐ think about Occupational Health and Safety?
- ☐ recruit people with the right skills to support your business?
- ☐ find out who else could help you (for example business coaches, or the Small Business Development Corporation)



### What else could you need help with?

Write your ideas in your planning manual.