

Home

We have an equal right to live on our own, or with the people we choose, in the community, with the support we need.



**Do you need help to discuss the idea
of creating your own home?**

Do you need help to discuss the idea of creating your own home?

It is your right to have your own home. There are lots of ways of creating a home where you choose who you live with, where you live and how you live. You and your supporters might like some help to hear about and talk about some of the possibilities.

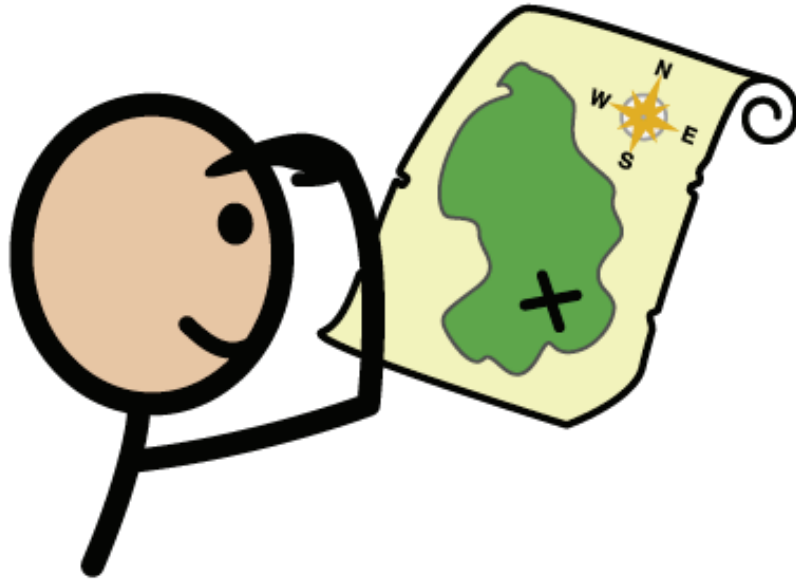
Would you like help to discuss the idea of having your own home by:

- ☐ meeting with other people who live in their own home, and their families?
- ☐ talking to organisations with experience in supporting people to have their own home?
- ☐ reading some stories about how other people are living and what kinds of things work well?
- ☐ watching some stories about how other people are living?

What else could you do?

Write your ideas in your planning manual.





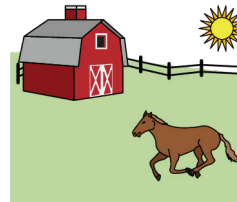
**Do you need help to think about
the different places you can live?**

Do you need help to think about the different places you can live?

Deciding where the best place is for you to live can be tricky. You might need to think about your needs, as well as your wishes, in terms of where you live.

Do you need support to learn about different places you can live, for example:

- ☐ different suburbs - do you want to stay in the suburb you're already living in or a suburb close to or further away from where you are now?
- ☐ different towns or cities - do you want to live in the same town, in another town, in a country town, on a farm, or in another state or country?
- ☐ near friends or family - do you want or need to be close to certain people, or would they be willing to move to be near you?
- ☐ in a house, unit, flat, granny flat or duplex?
- ☐ on a quiet street, on a busy road or in a cul-de-sac?



Where else could you live?

Write your ideas in your planning manual.



**Do you want help to work out what
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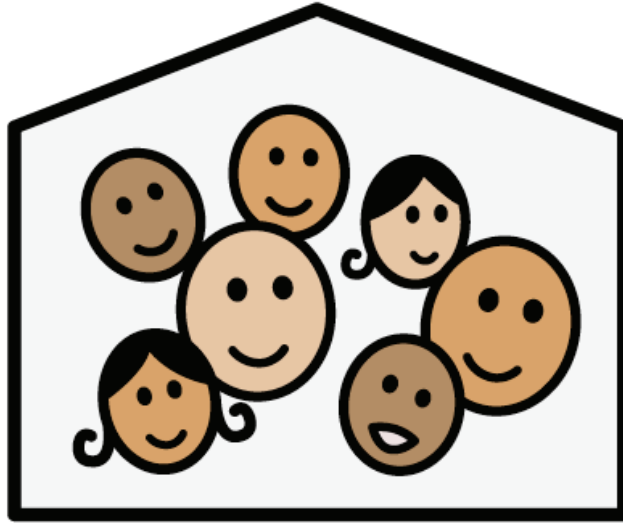
It might be helpful to create a checklist of things you need near your home, for example, do you need to be:

- ☐ close to places like shops, the doctor's surgery, bank, dentist or post office?
- ☐ near the train station or bus stop?
- ☐ in the same area as the places you study or work?
- ☐ close to places you like to go, such as the swimming pool or movies?
- ☐ near the communities you belong to, such as church, clubs or special interest groups?
- ☐ in an area with good accessibility, for example if you use a wheelchair or have a vision impairment?

What else might you need close by?

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**Do you want help to think about who
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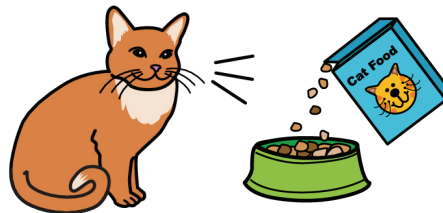
It is important that you can choose who you live with, as well as where you live.

Do you need help to think about who you would prefer to live with, for example:

- ☐ with friends?
- ☐ on your own?
- ☐ with a pet or assistance dog?
- ☐ someone you know from school or the places you go now?
- ☐ with your own family members, for example brothers or sisters, or members of your extended family?
- ☐ with another family?
- ☐ with new people?

Who else might you like to live with?

Write your ideas in your planning manual.





**Do you want to experience some
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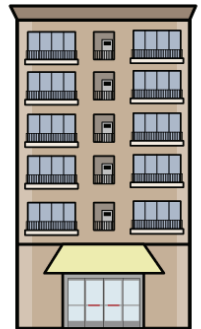
Sometimes we need to try things out to see if we like them and to figure out what support we need. You can try out what it feels like to live in different places or with different people.

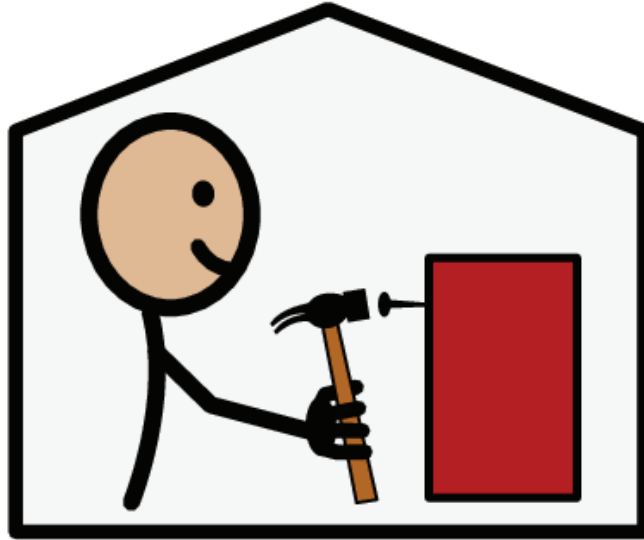
Would you like to try some different ways of living, for example:

- ☐ going on holiday with people you think you might like to share house with?
- ☐ sharing house for a short time with people who've already set up home?
- ☐ staying by yourself, or with a friend, while your parents or current house mates go away for a weekend or short holiday?
- ☐ living in a different location by renting a short stay apartment?

How else might you try out different ways of living?

Write your ideas in your planning manual.





**Do you need help to find and
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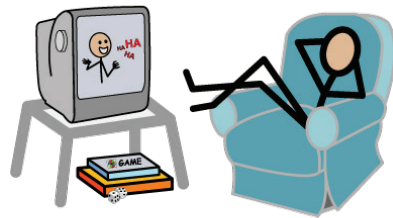
When you have your own home, you can design your home life to suit your needs and wishes. You can make choices about your home, including how you want your home to feel, having things you like around you, creating your own routines and choosing who visits. You have the right to feel safe, and to have the privacy you want.

Do you need help with any of these things?

- ☐ finding a place to live, for example renting or buying your own home, or finding a home-share.
- ☐ decorating your home so it reflects your likes and personality.
- ☐ creating routines which suit you and your preferences.
- ☐ creating a home which has the feeling you want.
- ☐ upholding the role you want to have in your home, for example, do you like to be the chef, the organiser, the gardener, etc.

What else could you need help with?

Write your ideas in your planning manual.





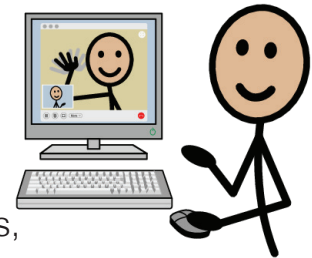
**Do you need help to set up your home
so you are independent and safe?**

Do you need help to set up your home so you are independent and safe?

Once you have decided where to live and who to live with, you might look at what you need to set up your home so you can be safe and enjoy privacy and independence.

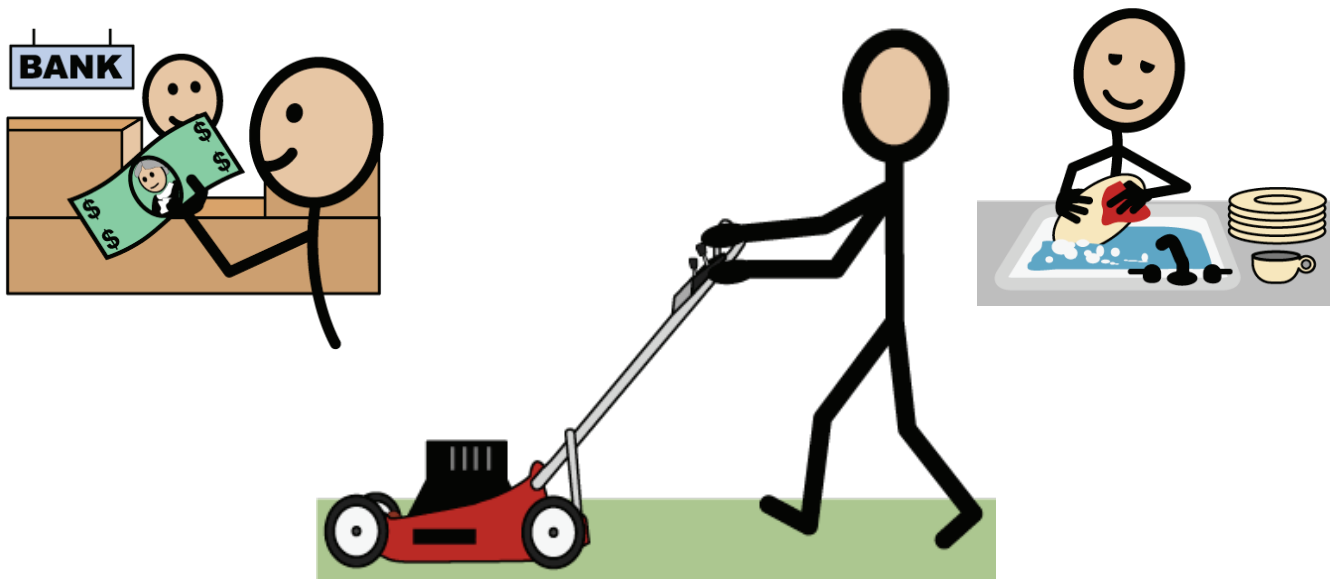
Do you need help to:

- ☐ decide on and get the furniture and appliances you need, for example kitchen equipment, air conditioning or bedroom furniture?
- ☐ set up your phone, internet, digital TV, electricity or gas?
- ☐ modify your home to be accessible?
- ☐ get the right equipment to be independent, for example to turn on electrical devices easily?
- ☐ set up safety equipment and systems, for example fire blankets, extinguisher and evacuation in case of fire?
- ☐ learn about security and safety, for example locking your doors, or what to do when strangers come to your door?



What else could you need help with?

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Do you need help to look after your home?

Do you need help to look after your home?

Once you are in your own home there are many things you need to do in order to keep things running smoothly. You can start learning to do some of these things before you move into your home. You might need help to do some of them.

Do you need help to:

- ☐ figure out which tasks at home you can do, or learn to do?
- ☐ learn about money, for example using the ATM, paying your bills, or budgeting?
- ☐ maintain your home, for example cleaning, putting out rubbish, or watering gardens?
- ☐ do everyday things like bathing, personal care or preparing meals?
- ☐ do home maintenance such as mowing your lawn or cleaning gutters?
- ☐ care for pets, for example feeding, grooming, or exercising them?
- ☐ make and get to appointments like the GP, dentist, or hairdresser?
- ☐ make a plan to manage an emergency or crisis?

What else could you need help with?

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Do you need help to invite people to be part of your life in your new home?

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You might want to invite friends and family to spend time with you at your new place. Whether you enjoy quiet dinners, barbecues or lots of noisy parties, its up to you to design your social life at home.

Do you need help to:

- ☐ invite friends to visit you for lunch, dinner or to just hang out?
- ☐ make phone calls, create Facebook events or write party invitations?
- ☐ plan and prepare for your guests, for example organising a barbecue, wine and cheese night, or ordering pizza?
- ☐ find DVDs and buy popcorn for a movie night?
- ☐ set up karaoke or other games for a games night at your place?

What else do you need help with when it comes to inviting people over to your house?

Write your ideas in your planning manual.

